



Partnership for Inclusion of Neurodiversity in Schools (PINS)

2025/2026



PINS 25/26 Supplementary Training Menu

The Offer

Within this booklet you will find the supplementary training offer which has been designed based on the self-assessment forms completed as part of the PINS project 25/26.

Each school has an allocated offer of 37.5 hours of support from HCRG.

Schools may access any of the resources from the below list which may be of interest!

Bookings

Booking QR Codes & Links are included in each page of the individual offers. If you have any difficulties with booking, please contact PINSadmin@hcrGcaregroup.com

Delivery Options

The method of delivery for each offer is stated within the individual offer pages. This will typically be face-to-face, live Teams sessions or pre-recorded training. If the stated method(s) of delivery does not suit your preference, you can request alternative methods with a PINS Partner.

Changes to Circumstances/Cancellations

We understand that your circumstances may change. Should you no longer be able to attend one of our sessions, please contact a PINS Partner at the earliest opportunity so that we can look to make alternative arrangements, or discuss an alternative method of delivery.

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Date & Venue:

We will do our best to suit your availability

Suitable for:

SENCOs, SLT, Governors

Duration:

2 hours

Delivery Method:

Face to face visit to school

Overview of this training session:

- This session can be designed to meet your requirements as a school, you can design the questions or leave this to us
- Talk to your PINS partner about what you are looking to find out from student voice
- The PINS team can design some activities which suit your brief and visit your school
- This will be followed up by a written report on the strengths and weaknesses highlighted by pupils

Reserve your place:



<https://forms.cloud.microsft.com/e/uYux29Sh42>



Overview of this training session:

- Explore what stammering is and how it can affect children and young people in school settings
- Explore neuro-affirming practice
- Share practical strategies
- Highlight the voices of children and young people who stammer
- Feel more confident in supporting children and young people who stammer to thrive and participate fully

Date & Venue:

**Wednesday 22nd
October**
15.30-16.30

**Thursday 20th
November**
15.30-16.30

**Wednesday 21st
January 2026**
15.30-16.30

(these sessions cover the same content)

Suitable for:

All school staff

Duration:

1 Hour

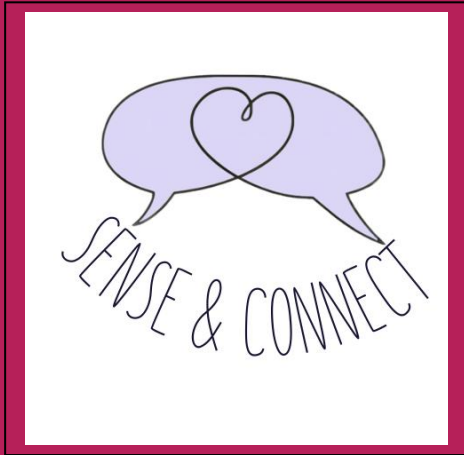
Delivery Method:

Live Teams Call

Reserve your place:



<https://forms.cloud.microsft/e/ZnDbVuxKK6>



Overview of this training session:

This practical workshop is designed for teachers to build awareness of sensory needs and wellbeing.

What You'll Discover:

- What sensory wellbeing really means - and why it matters for the whole family
- The 8 senses (not just 5!) and how they affect us
- How to spot and understand sensory thresholds and the window of tolerance
- What "sensory wellbeing" looks like in real life

What You'll Need:

- A phone or tablet (if possible) to interact with the session
- A notepad and pen for jotting down signposts and ideas
- Something sensory that brings you joy – it could be:
 - a flower
 - soft fabric
 - calming fidget

Delivered by **Alice Hoyle**, founder of *Sense and Connect*, is a neurodivergent parent and experienced educator who brings over 20 years of work in PSHE, youth work, and sensory-inclusive education.

Date & Venue:

Wednesday 12th
November 2025
3:30-5pm

Wednesday 25th March
2026
3:30-5pm

(these sessions cover the same content)

Suitable for:

SENCOs, Teachers, TAs

Duration:

1.5 Hours

Delivery Method:

Live Teams Call

Reserve your place:



<https://forms.cloud.microsft/e/nPn0JRkm3r>



Overview of this training session:

A practical discussion aimed at equipping class teams with knowledge and strategies to support the communication development of non-verbal, neurodiverse children in their settings.

This training will cover:

- Identifying the communication stage of the non-verbal child
- How to support functional communication targets
- Trouble shooting tricky situations and practical guidance for inclusive teaching

Date & Venue:

Thursday 15th January
3:30-5pm

Wednesday 4th March
3:30-5pm

(these sessions cover the same content)

Suitable for:

SENCOs, Teachers, TAs

Duration:

1.5 Hours

Delivery Method:

Live Teams Call

Reserve your place:



<https://forms.cloud.microsoft/e/9XP4JYTrWn>



Overview of this training session:

Supporting children's speech and language development in the early years is crucial as it lays the foundation for their overall development, including their ability to communicate, learn, build relationships, and thrive emotionally and socially.

This training will cover:

- Speech sound and language milestones relevant to the Early Years.
- Evidence-based strategies to support the development of receptive and expressive language skills, as well as speech sound production, within Early Years settings.
- Practical guidance and hands-on activities, exploring communication scenarios in the classroom.
- Identification of red flags and guidance on when and how to make appropriate referrals.

Date & Venue:

Wednesday 26th
November
3.30-5pm

Wednesday 21st January
2026
3.30-5pm

(these sessions cover the same content)

Suitable for:

SENCOs, Teachers, TAs

Duration:

1.5 Hours

Delivery Method:

Live Teams Call

Reserve your place:



<https://forms.cloud.microsft/e/DEhViz1yqE>

Teaching and Learning: Quick wins for busy Teachers and TAs



Overview of this training session:

This training takes a practical look at strategies for teachers and TAs which will support the neurodivergent children in their classroom.

It focuses on these areas of strengths & differences and provides quick win ideas:

- Listening, Attention, Impulse Control & Energy Levels
- Cognitive Ability
- Speech & Language
- Social Relationships & Social Interaction
- Emotional Regulation
- Flexibility & Adaptability
- Sensory Skills
- Motor Skills

Date & Venue:

Tuesdays and
Wednesdays after school

Suitable for:

All school staff

Duration:

1.5 Hours

Delivery Method:

Face to face or live on
Teams

Reserve your place:



<https://forms.cloud.microsof.com/e/hBft9JXapU>



Overview of this training session:

This session will provide training on:

- The meaning of neurodiversity and neurodivergent young people
- the different areas of neurodevelopment
- the importance of neurodiversity when thinking about policies and procedures
- strategies which schools need to put in place
- ensuring that the voices of neurodivergent child are considered during learning walks/ governor feedback

Date & Venue:

This session is available on request.

We will do our best to meet your availability

Suitable for:

SENCOs, SLT, Governors

Duration:

1 hour

Delivery Method:

Face to face or live on Teams

Reserve your place:



<https://forms.cloud.microsft/e/cTs4FdMFPd>



Overview of this training session:

This relaxed, interactive session is designed to help teachers feel more confident in supporting neurodivergent children with their puberty education sessions.

It will provide:

- Tools for talking about puberty in ways that feel safe and manageable
- Practical strategies to support both emotional and physical changes
- Recommended resources and simple activities that can help
-

What Will You Learn?

- How ND young people may experience puberty differently
- Why creating a 'safer space' matters – and how to do that in the classroom.
- Principles that help support body awareness and wellbeing Q&A.

Delivered by **Alice Hoyle**, founder of *Sense and Connect*, is a neurodivergent parent and experienced educator who brings over 20 years of work in PSHE, youth work, and sensory-inclusive education.

Date & Venue:

Monday 26th January
2026

3:30-5pm

Wednesday 11th March
2026

3:30-5pm

(these sessions cover the same content)

Suitable for:

SENCOs, Teachers, TAs

Duration:

1.5 hours

Delivery Method:

Live on Teams

Reserve your place:



<https://forms.cloud.microsft/e/hZUd0Eam77>



Overview of this training session:

- Challenges around food for neurodivergent children
- What is Pica?
- What is Avoidant/restrictive food intake disorder (ARFID)
- Common concerns
- Top Tips
- How can you support in school?
- Importance of hydration

Date & Venue:

We will do our best to meet your time requests

Suitable for:

SENCOs, teachers, TAs, MDSAs

Duration:

30 mins

Delivery Method:

Face to face, Live on Teams or prerecording

Reserve your place:



<https://forms.cloud.microsof.com/e/SaTKcfynVK>



Overview of this session:

This workshop is designed for primary teachers to deepen their understanding of how neurodivergent children connect, communicate, and build friendships.

What You'll Discover:

- The impact of sensory and emotional regulation on social success
- Rethinking "social skills" — moving from conformity to communication
- Inclusive strategies to support peer relationships.

✂ What You'll Need:

- A device with a camera/mic for participation
- A notepad and pen for activities and reflections
- Something that represents comfort or connection to you, it could be:
 - a childhood toy
 - a doodle pad
 - your favourite mug

Delivered by **Alice Hoyle**, founder of *Sense and Connect*, is a neurodivergent parent and experienced educator who brings over 20 years of work in PSHE, youth work, and sensory-inclusive education.

Date & Venue:

Monday 1st December
2025
3:30-5pm

Monday 2nd February
2026
3:30-5pm

(these sessions cover the same content)

Suitable for:

SENCOs, Teachers, TAs

Duration:

1.5 hours

Delivery Method:

Live on Teams

Reserve your place:



<https://forms.cloud.microsoft/e/PBQunCUWhU>

Environmental School Audit



Overview of this training session:

The site visit will evaluate aspects of all six project domains in your school:

- Leadership and management
- Mental health
- Readiness to learn
- Teaching and learning
- The environment
- Communication

A report will be compiled to highlight strengths and recommendations.

The audit is designed to help all pupils in school by ensuring that the environment is as neuroinclusive as possible.

Date & Venue:

Fridays

Suitable for:

SENCOs, SLT, Governors

Duration:

2-hour site visit

Online follow up discussion

Report detailing strengths and recommendations

Delivery Method:

Live on Teams

Reserve your place:



<https://forms.cloud.microsft/e/JURVvJYbhG>



Overview of this training session:

Sleep Aware will give you the basic tools to support with sleep and will also give you information about how to screen for severe sleep problems

To include:

- How sleep in children works
- Strategies to help eg regularising sleep & prevention of severely delayed sleep phase
- Average sleep needs
- The structure of sleep
- Sleep Wise app

Date & Venue:

Monday 26th January

3:15-5:15pm

Suitable for:

SENCo, Teachers, TAs

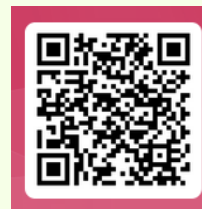
Duration:

2 hours

Delivery Method:

Face to face school visit, followed by follow up phone call and report

Reserve your place:



<https://forms.cloud.microsof^t/e/4ayyBiK2yp>

Understanding Dyslexia and Supporting Children with Literacy difficulties



Overview of this training session:

- Understand the new dyslexia definition 2024
- How may dyslexia present in your class?
- Strategies to support those with dyslexia / literacy difficulties in your classroom
- Dyslexia and social emotional health
- Strategies to support reading, writing, spelling and memory
- Where to start with literacy interventions
- Training and advice available

Date & Venue:

Tuesdays or Wednesdays
after school

Suitable for:

SENCOs, Teachers, TAs

Duration:

1 hour

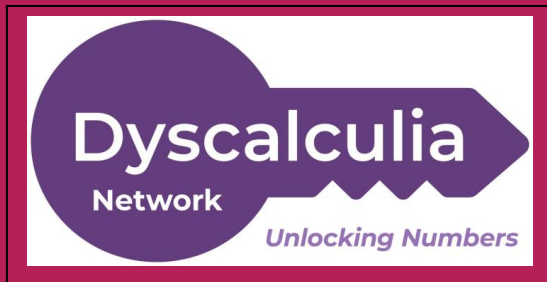
Delivery Method:

Face to face or live on
Teams

Reserve your place:



<https://forms.cloud.micros oft/e/YTQxRUEqS8>



Overview of this training session:

- What is dyscalculia and specific learning difficulties in mathematics
- Co-occurrence with other neurodiverse conditions
- Maths anxiety
- Indicators of dyscalculia in the class and at home
- Overview of maths assessment
- Why is maths such a difficult subject to learn?
- The Jenga effect

This session will be lead by Rob Jennings from the Dyscalculia Network

Date & Venue:

Monday 12th January 2026

3:30-5pm

Suitable for:

All teachers and TAs

Duration:

1.5 Hours

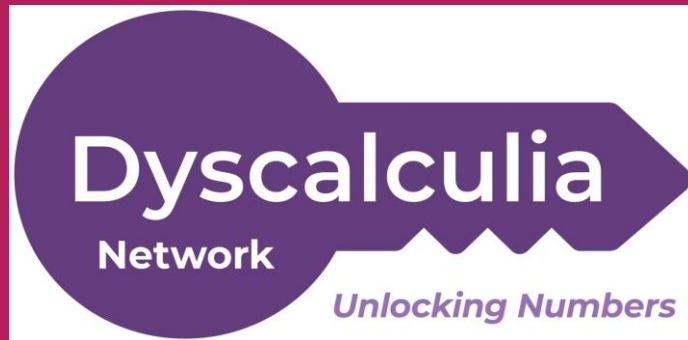
Delivery Method:

Live on Teams

Reserve your place:



<https://forms.cloud.microsoft/e/1uDhfiAS1i>



Overview of this training session:

This will be a follow on session from the first session on dyscalculia awareness on Monday 12th January. However, you may still attend this session if you were unable to attend the first one.

- A teaching intervention plan
- Teaching strategies for: number Sense, addition/subtraction, multiplication/division
- Importance of maths games to support teaching
- Practical demonstrations and examples

This session will be lead by Rob Jennings from the Dyscalculia Network.

Date & Venue:

Monday 23rd February

3:30-5pm

Live on Teams

Suitable for:

Teachers and TAs

Duration:

1.5 hours

Delivery Method:

Live on Teams

Reserve your place:



<https://forms.cloud.microsoft/e/tFMJs4RCLR>

Introduction to ADHD



Overview of this training session:

- What is ADHD?
- What causes ADHD?
- Strategies in the classroom
- Dyslexia and ADHD overlap
- Support for parents
- Where you can get more information

Date & Venue:

Available on request

Suitable for:

SENCOs, Teachers, TAs

Duration:

1 hour

Delivery Method:

Face to face, live on Teams, prerecording

Reserve your place:



<https://forms.cloud.micros oft/e/TwEqJVMM8c>

Understanding ADHD Medication



Overview of this training session:

This is an overview of ADHD medication by a local community paediatrician.

This video was originally aimed at young people and their parents, but we feel it may be useful for SENCOs too.

Date & Venue:

n/a

online

Suitable for:

SENCOs

Duration:

20 mins

Delivery Method:

Online pre-recording

Request the Link:



<https://forms.cloud.microsoft/e/MySQKkCAna>

Training Timeline

October 2025

Course	Date & Time
Discover Stammering: Supporting Children and Young People who Stammer in Schools	Wednesday 22 nd October 2025 3:30 – 4:30pm

November 2025

Course	Date & Time
Sensory Wellbeing	Wednesday 12 th November 3:30 – 5pm
Discover Stammering: Supporting Children and Young People who Stammer in Schools	Thursday 20 th November 2025 3:30 – 4:30pm
Dealing with Puberty for ND Children	Monday 24 th November 2025 3:30 – 5pm
How to support children's speech and language in the early years	Wednesday 26 th November 2025 3:30 – 5pm

December 2025

Course	Date & Time
Neurodivergent Friendships & Feelings	Monday 1 st December 2025 3:30 – 5pm

January 2026

Course	Date & Time
Developing Awareness of Dyscalculia	Monday 12 th January 2026 3:30 – 5pm
Working with non-verbal children	Thursday 15 th January 2026 3:30 – 5pm
Discover Stammering: Supporting Children and Young People who Stammer in Schools	Wednesday 21 st January 2026 3:30 – 4:30pm
How to support children's speech and language in the early years	Wednesday 21 st January 2026 3:30 – 5pm
Dealing with Puberty for ND Children	Monday 26 th January 2026 3:30 – 5pm
Sleep Aware Training	Monday 26 th January 2026 3:15 – 5:15pm

February 2026

Course	Date & Time
Neurodivergent Friendships & Feelings	Monday 2 nd February 2026 3:30 – 5pm
Practical Strategies to support dyscalculia in your classroom	Monday 23 rd February 2026 3:30 – 5pm

March 2026

Course	Date & Time
Working with non-verbal children	Wednesday 4 th March 2026 3:30 – 5pm
Sensory Wellbeing	Wednesday 25 th March 2026 3:30 – 5pm

On-Demand

Course	Date & Time
ND Student Voice	N/A
Neurodivergence for Governing Bodies	N/A
Neurodivergence and Food	N/A
Introduction to ADHD	N/A
Understanding ADHD Medication	N/A
Teaching and Learning: Quick wins for busy teachers & TAs	Tuesdays & Wednesdays PM
Understanding Dyslexia and Supporting Children with Literacy Difficulties	Tuesdays & Wednesdays PM
Environmental School Audit	Fridays (To be pre-booked)
PINS Drop-In Sessions	Wednesdays & Fridays

A member of the PINS team will be available in these slots to ask questions, get advice etc

Session date	QR code
Wednesday sessions Sept – Dec 2025 12-1pm Microsoft Teams Need help? Join the meeting now Meeting ID: 356 958 700 507 Passcode: i4Le3Pi7	
Friday sessions Sept – Dec 2025 9-10am Microsoft Teams Need help? Join the meeting now Meeting ID: 311 217 178 559 7 Passcode: 8BH6ha3S	

You can contact the PINS team using the
PINSadmin@hcrgrcaregroup.com email address